

1331 12<sup>th</sup> Avenue, Suite 300  
Altoona, PA 16601  
(814) 201-2751  
(814) 201-2758 FAX  
www.evolutioncounselingservices.com



710 Mount Vernon Avenue, Suite 1  
Huntingdon, PA 16652  
(814) 506-8651  
(814) 506-9352 FAX

## December 2020 Newsletter

**2020 Recap** When you ask people what they thought of 2020 they may give you mumbles and grumbles of a year gone bad. Don't get me wrong it has been a bazaar year. Politics, pandemics, riots, quarantines, masks, finances are all reasons to complain but what if we look for the silver lining. For me personally, I realized we are all vulnerable. Modern medicine has its limitations. Life, work, and being safe are not to be taken for granted. It makes you want to live each day to its fullest.



We know statistically that some people are struggling with domestic violence, finances, mental health, and drugs & alcohol. This is where I see positives. 2020 has been a year of tearing down barriers to treatment. Almost instantly, federal, state and local authorities started to collaborate together with providers to make sure our most vulnerable populations would be served. The community adapted from in person masked sessions to telehealth to make sure everyone was being safe with COVID-19 restrictions.

As an agency, 2020 was a year of celebration. Even though several Evolution staff created, cultivated and worked in our great programming for over two decades, June 30, 2020 completed our first five years in business as Evolution Counseling Services, LLC. As a work family we did a two-day retreat that included fun at Seven Spring Mountain Resort and a memorable day white water rafting at Ohiopyle. We have laughed/cried, lost/added new members of our work family, and experienced some of the most incredible positive change within the families that we serve. In a lot of ways it has been an awesome year but in other ways it has been sad. Relationships that have lasted for decades have gone from regular lunch meetings to video chats that are often delayed or impersonal at best.

Whether you see 2020 as a glass half empty or a glass half full, please join me in raising your glass to cheer on a healthy, happy and prosperous new year. From all of Evolution Counseling's staff and all of Evolution Expressions' board members, have a Merry Christmas and a Happy New Year!

**Evolution Counseling has immediate openings in JR CEO and FACE IT. Please go to website or call for more information on how to make a referral**

The Juvenile Resources for Creating Employment Opportunities program, or **JR CEO**, focuses on developing the necessary skills and experience for juveniles entering the work force. The program will help youth develop their resume, participate in mock interviews, create mock businesses, provide community service, and explore entrepreneurship opportunities.

Evolution Counseling Service's Family Adolescent Crisis Emergency Intervention Team (**FACE IT**) is a promising practice intervention/prevention program. This on-call Crisis Response program designed to work with youth and families 24 hours a day, 7 days a week. This Crisis Emergency Intervention treatment model has been developed to better serve the needs of a larger population of youth and their families in Blair County.

**WE'RE  
HIRING!**

Evolution Counseling is hiring in several programs and in both Blair and Huntingdon locations. We are looking for a highly motivated, dedicated, engaging person with a graduate degree (Masters) in a clinical field (i.e. social work, counseling, psychology) or a graduate degree in human services with strong evidence of clinical training to join our "Functional Family Therapy" team in Huntingdon. Evolution is also looking for a licensed outpatient therapist for Blair and Huntingdon County. Please send a cover letter and resume titled to [jcolbert@evolutionblair.com](mailto:jcolbert@evolutionblair.com). For more information check out job posting on [indeed.com](https://www.indeed.com)