



## **SUBSTANCE OUTPATIENT SERVICES**

### **2021 ANNUAL REPORT**

Evolution Counseling Services, LLC “Substance Outpatient Services” (SOS) is a Drug and Alcohol Outpatient treatment facility licensed by the Pennsylvania Department of Drug & Alcohol Programs (License # 077035). The SOS program will service individuals 12 years of age and older on the Outpatient Services level of care (Level 1.0) who are currently combatting a substance use disorder. SOS is located at 1331 12<sup>th</sup> Avenue, Suite 105, Altoona, PA 16601. SOS is separate from all other Evolution Counseling Services programming, including being located on a different floor of the building. All sessions are held in office and referrals can be made by phone, in person, or by another provider utilizing our referral form.

The facility originated in May 2020 as a DDAP licensed facility and, upon contract completion with CCBH, UPMC, and BDAP, began treating clients in January 2021. The facility owned by co-owners Jeffrey Colbert, LCSW and Craig Clark and is currently starting small with Mr. Colbert serving as Project/Facility Director and Counselor Sarah Krill, LSW providing the treatment. SOS has continued to work safely thorough the COVID-19 pandemic in 2021 as in-person services were a mainstay but telehealth will remain an option for clients as long as there is a verified need by governing agencies who approve the delivery. The philosophy of SOS is to meet the recovery needs of clients using a client-first, strength-based approach in an individual setting. The treatment team involved in the SOS program is dedicated to assisting individuals in coping, adapting, and growing throughout their recovery journey. We understand that change can be overwhelming and that the formula for change is not one size fits all. Through a client centered, strength-based approach, we hope to help individuals foster a sense of independence, purpose, and courage to overcome the obstacles associated with addiction and recovery.



Preferential treatment is given to the following groups – pregnant women, injection drug users, women with children, overdose survivors and military veterans. Treatment modalities utilized include but are not limited to cognitive behavior therapy, rational emotive behavior therapy, dialectical behavior therapy, motivational enhancement, and mindfulness in a trauma-informed environment. In addition to direct individual, couples or family services, referrals to other drug and alcohol treatment facilities, mental health professionals or human service agencies may be made with the client’s written consent. Current forms of payment for services include client self-pay, UPMC For Kids- CHIP, UPMC Health Plan- Commercial, UPMC Health Plan- Value, UPMC Health Plan- Value Select, UPMC Partner, and Medicaid via CCBH (the behavioral health managed care company for people on medical assistance) for Blair County residents. Additionally, for the uninsured, a liability form can be completed and the Blair Drug & Alcohol Partnership may fund treatment in part or whole.

Gross income for the year 2021 was generated from direct client care and will be finalized as 2021 financial statement and tax return are completed by Sickler, Tarpey and Associates in Altoona, PA 16602. This will be updated and reported to DDAP and the public. The total number of referrals for 2021 was 73. SOS, being a new facility in the Blair County area and taking a harm-reduction approach, has seen a wide variety of referrals and referral sources including: various self-referrals, Medication Assisted Treatment Programs, inpatient facilities, Blair Drug & Alcohol Partnership, family members and other local drug and alcohol or mental health agencies. 2021 was the first full year providing treatment within SOS. Evolution hopes that 2022 builds off of the firm foundation the previous year provided and the year has an increase in client commitment and overall attendance to be able to build a respected treatment option for those struggling within Blair County.

Completed by: Project Director Jeffrey Colbert, LCSW