

## June 2020 Newsletter

### Programs & Availability

- ACT 360-Blair & Huntingdon
  - ALLIES-Blair
- Delinquency Prevention-Blair
- Functional Family Therapy (FFT)-Blair & Huntingdon
  - Junior CEO-Blair
  - Outpatient Therapy-Blair
  - TFCBT-Blair & Huntingdon
- Triple P-Positive Parenting Program-Blair

**Currently, we have openings in ALL programs above and are taking referrals. Please call office or go to website for more information.**



Counseling has been continuing to help the community during this difficult time and talked about how community members can become involved in services.

“We wanted to build an agency that was strength-based, client-centered, and focused on people’s abilities.” says Ashleigh. “We really wanted to teach people to be independent and make long-lasting change through really great programs.” Check out the full article on Full Frontier Forward and Counseling Facebook pages.



### Attendance Counseling Team 360 (ACT 360)

We wanted to congratulate a very special graduate this month. Laura graduated from Altoona Area High School this year. Laura participated in ACT 360, in 11th Grade, during a difficult time in her life. Laura also attended multiple groups through Evolution Expressions. Laura’s counselor Layla Hendricks worked closely with Laura and her father. *“They put a lot of hard work in. Laura really came out of her shell. She’s still working hard. She became a vibrant, boisterous young woman with a heart of gold and strong opinions/beliefs which she doesn’t hesitate to share. Laura’s father would give the world to Laura. Their bond is unbreakable and continues to grow stronger day by day. They really enjoy spending time together”* said Layla.

Regarding their ACT 360 experience Laura said *“They helped me better understand myself. They bettered my relationship with my dad”*.

Parent involvement is key to success in ACT 360 and Laura’s father worked closely with counselors to help support Laura through her school year. Laura’s father said *“It was a long climb, but Laura made it through”*.



*Class of 2020*

**Congratulations to Laura and all of our 2020 graduates. We know you will all continue to do wonderful things!**

