

# Positive Parenting Program (Triple P)

## Key Components of Level 4 Triple P

- Available to ALL Blair County Residents
- International Clinical Research
- Become confident in your parenting
- Provide minimally sufficient level of support to enable change
- Used for parents world-wide
- Flexible Sessions
- Collaboration with Community Resources
- Outcome Driven Services

Triple P is an all-inclusive prevention/intervention program that helps Blair County Parents/Guardians set and meet their goals for success.

### Available Triple P Programs:

Level 4 Standard (Ages 2-12)

Level 4 Standard Teen (Ages 12-16)

Level 4 Group (Ages 2-12)

Level 4 Group Teen (Ages 12-16)

"My colleagues and I regard Triple P as the world standard of best practice in the family intervention area."

*-Professor Kurt Hahlweg*

## What is Triple P

Triple P is a multi-level system of family intervention for parents of children who have or are at risk of developing behavior problems. Triple P aims to promote positive, caring relationships between parents and their children, and to help parents develop effective management strategies for dealing with a variety of childhood behavioral and emotional problems.

## How does it work

**Initial Intake-** A Triple P practitioner will meet with the family to explain the program in detail, complete paperwork, and answer any questions that may arise before enrolling into the program.

**Assessments** – Families will begin by completing assessments so that the practitioner has a better understanding of the dynamics and behaviors displayed in the home and community. The practitioner will then work alongside of your family to discuss objectives and help develop intervention strategies for managing problem behaviors.

**Program Sessions** –Triple P is a 10-session guided intervention program delivered individually to families. At least one parent/guardian is required to meet with the practitioner. Practitioners offer flexible schedules to meet your family's scheduling needs.

**Parent/Caregiver Involvement** – Participation is key to completing the program and establishing a collaborative relationship. Triple P aims to enhance the knowledge, skills, and confidence of parents and caregivers.

Triple P is FREE to the families of Blair County

Call to get started: Contact Evolution Counseling Services, LLC at  
(814) 201-2751

Learn more: Visit our website at [www.evolutioncounselingservices.com](http://www.evolutioncounselingservices.com)

