



### **Family Adolescent Crisis Emergency Intervention Team (FACE IT)**

The Family Adolescent Crisis Emergency Intervention Team (FACE IT) program provides a brief, solution focused approach to in-home crisis prevention/intervention services. The program works with youth, ages 0-18, and their families who reside in Blair County. FACE IT includes 24/7 on-call crisis prevention services in an effort to help families reduce their need to involve county crisis and police services in their efforts to resolve escalation. This program has been developed to provide immediate support to youth and their families that are struggling to receive appropriate mental health services or are involved with JPO or CYF.

#### **Core Components:**

- Available to all youth identified by Blair County CYF and JPO
- 24/7 On-Call Response Team for Crisis Prevention/Intervention
- Masters and/or Bachelor Level Counselors
- Engagement of caregivers to create continuity of crisis prevention and improve goal completion
- Collaboration with all community and county providers
- Strength Based Modality focused on the Transtheoretical Model and create quick progress through the stages of change
- Utilization of component of Solution Focused Therapy and Motivational Interviewing
- Service is structured to occur for 3-9 weeks, length is dependent on the wait times for referred services and family needs
- Services is able to be provided in home, community, or office settings
- Coordination of ongoing formal supports prior to discharge
- Data Collected Pre- and Post- Services to determine rate of crisis reduction
- Development of a Crisis Intervention Plan with the family to develop a course of action to reduce crises
- Counselors provide advocacy, motivation, and reinforcement to encourage change to create a reduction of crises by the client and family
- Client Transportation provided as needed

#### **County Collaboration:**

FACE IT will work in collaboration with Children, Youth and Families, Juvenile Probation, Juvenile Courts, Magisterial District Judges, Schools, Teen Shelter, UPMC Crisis, and Community Resources

#### **Target Population:**

Identified youth (aged 0 to 18) and their families that have been identified as experiencing crises by CYF and JPO



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#### Referral Sources:

Blair County Children, Youth and Families, the Juvenile Probation Office, and community providers

#### Goals for Service:

Family Adolescent Crisis Emergency Intervention Team (FACE IT) will allow CYF and JPO to access an on-call therapist/counselor to provide an emergency response to help youth and families in their time of need. Although the primary focus will be emergency crisis intervention, the team will work with the family to develop a crisis intervention plan and a treatment plan that will be unique to that family's needs. Therapist/counselors will attend all scheduled family/youth appointments, court hearings, school meetings, transportation, crisis intervention, etc. The program will focus on the treatment modality that best matches the family/youth as identified by the family/youth and the team.

The counselors will follow up after the emergency intervention to help advocate, engage, motivate and reinforce the smallest of steps in the right direction. This may include crisis intervention, psychoeducation, transportation, individual counseling, peer groups, family activities, and family counseling. Participation from the parent/guardian/client is key to completing each phase of the program and ensuring positive growth. Meeting on a weekly basis is a required part of participating in the program. This is an important component to reaching not only the long-term goals of the family but to also target important issues immediately like family cohesion, communication and conflict resolution.