

Program Descriptions- Huntingdon County

Name of Service	Ages	Service Location	Requirements to start	Focus of Service	Length of Service	Funding
Attendance Counseling Team (ACT) 360	All school aged youth	In home, office, or community	At-risk child/youth with concerns regarding school attendance, academics and in-school behaviors. Needing at least one willing parent or caregiver	-Student, parent and/or family with focus on increasing school attendance and grades - Reducing external symptoms contributing to truancy -Morning interventions provided throughout services	Average of 3 - 4 months (depending on client/family treatment progress and needs)	County funding
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	3-18 *5 and under, must be able to do talk therapy	In office; in-home or school (as needed)	-Must have 1 identifiable/memorable trauma -Must have trauma-related symptoms	Participation from both child and guardian to increase healthy coping and processing	Dependent on client's treatment and needs	Medicaid/private insurance (as applicable) and county funding
Positive Parenting Program (Triple P)	Parent(s)/caregiver of a child ages 2 to 17	In home, office, or community	At least one willing parent/caregiver to participate in treatment	- Individual with parent(s) or in a group setting with parents - The focus is to build effective management skills for misbehaviors that increase the bond between parent and child	Approximately 10 sessions required to successfully complete goals. Can be more than 10 sessions as needed	County funding

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Evolution Expressions (EE)	All school aged youth *Youth are separated based off age	In office or in the community	Youth must be willing to participate in a group setting and maintain appropriate behaviors among peers	- The focus is to work towards healing trauma by means of expressive arts activities Groups include: -Teen Arts for Healing -Youth Arts for Healing -ALLIES -Additional group (varies in frequency)	1 year (Extensions are granted if applicable)	County funding
ALLIES	All school aged youth *age is taken into consideration based off group dynamics	In office or in the community	Can be referred by CYS/JPO, another provider or can be self-referred	- Meetings are held in group setting monthly w/ topics chosen with focus on LGBTQ+ needs and concerns	Youth can attend as they choose up to one year (Extensions are granted if applicable)	County funding
MultiDimensional Family Therapy (MDFT)	10–18-year-old youth and their family members	In home, office, or community	Youth struggles may include: - Mental Health -Substance Abuse - Social/ Emotional Challenges - School/ Educational problems - Family/ Parent-Child Conflict	- Treatment intervenes in the following areas: individual youth therapy, parent education and support, family therapy, drug testing, community interventions and collaboration	Average of 4 - 6 months (depending on client/family treatment progress and needs) *Boosters can be utilized after treatment ends	County funding and Medicaid (when applicable)